



weston
orthodontic
centre

Orthodontic update

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Our new home!

The rather handsome building in the picture is our long anticipated new home, and we are very excited about the prospect of moving there.

It's going to provide us with far more space in a purpose-built environment, and with upgraded equipment. In short this means we'll be able to offer our patients an even better service – a higher quality of care, totally computerised dental records, and greater efficiency.

We are not moving far – to 141 Milton Road, by the park and next to Vets4Pets. It is right by a bus stop and there will be plenty of car parking space on site.

The building shell has been completed, and work is now rapidly progressing to construct the internal rooms and services, and to install all the fixtures and fittings necessary to provide an orthodontic service to the very highest standards.

Dr Andrew Parfitt said: “We have been in the current building for many years now and we have simply outgrown it. The new building is a very exciting project, and I am looking forward to being able to develop our service with the extensive new facilities we will have.”



Andrew Parfitt

“At the same time as moving to the new building we will be changing our computer system and X-ray equipment to allow us to move to a totally digital dental record with digital images.

“This will considerably improve efficiency, and drastically reduce the amount of paper we have to handle.”

Dr Parfitt said the practice was hoping to move into its new home around Christmas of this year.

We will keep our patients fully informed at all stages about any impact the move will have on their appointments.

We are planning to arrange some Open Evenings for colleagues and patients early in the New Year, and we will let you know more details nearer the time.



Improved services

Dr Nikki Attack has been involved with Weston Orthodontic Centre for many years. By day, she is Consultant in Orthodontics at the Dental Hospital in Bristol and also at Musgrove Park Hospital, Taunton.

We are delighted to announce that from January 2008, Nikki has offered to provide private care in the evenings for patients at our Centre. This will enhance our clinical team and offer further choices to patients as we already offer NHS and private care to our patients at other times. If you would like to find out more then please contact us.

Broken braces?

If you think your brace may be broken, you should contact us as soon as possible as it can affect your treatment.

Signs of damage can include a loose block, a snapped wire or a missing chain, and such damage can spoil or delay your treatment.

We will usually ask you to attend an emergency appointment so we can repair or replace the brace immediately. If there is excessive damage there may be a charge for treatment, and if the brace is broken more than three times your treatment may be discontinued.

If you are not sure how best to care for your brace, please ask – we'll be happy to help.



Festive fare

Christmas is traditionally the time to eat, drink and be merry, but if you are wearing braces you still need to take extra care of your teeth.

Try and avoid the temptation to continually snack on all the festive goodies that are around – wearing braces just makes them even worse for your teeth than they usually are.

Definitely avoid sticky foods such as toffees. Christmas pudding and mince pies are probably best avoided too as the raisins within them can often stick to your teeth and braces.

Remember to brush your teeth, gums and braces thoroughly after every meal or snack – if you need a reminder of the best way to do this, please ask.



Invisalign®

Show off your smile, not your braces!

Having braces does not mean having to be self-conscious about them – modern technology and techniques mean we can now offer a choice of virtually invisible appliances.

Probably the most popular with our patients is the Invisalign® system, which is, as the name suggests, virtually invisible and also really easy to use.

It is a series of clear aligners, a little like very thin mouthguards, which fit over your teeth and gradually move them into the correct position. The aligners are removed for cleaning your teeth and for eating, making it far easier to care properly for your teeth while undergoing your treatment.

Weston Orthodontics also offers Incognito braces. These are usually used for slightly more challenging cases, and are metal braces which are fitted to the back of your teeth instead of the front.

Fixing them to the back means no-one can see them, and while they do take a little more getting used to, after a week



or so they are very well tolerated. Our patients have been very pleased with them, and with the excellent results they achieve.

Both types of braces are generally suitable for people aged 14 and over.

For more information on our Invisalign® and Incognito treatments, please ask.